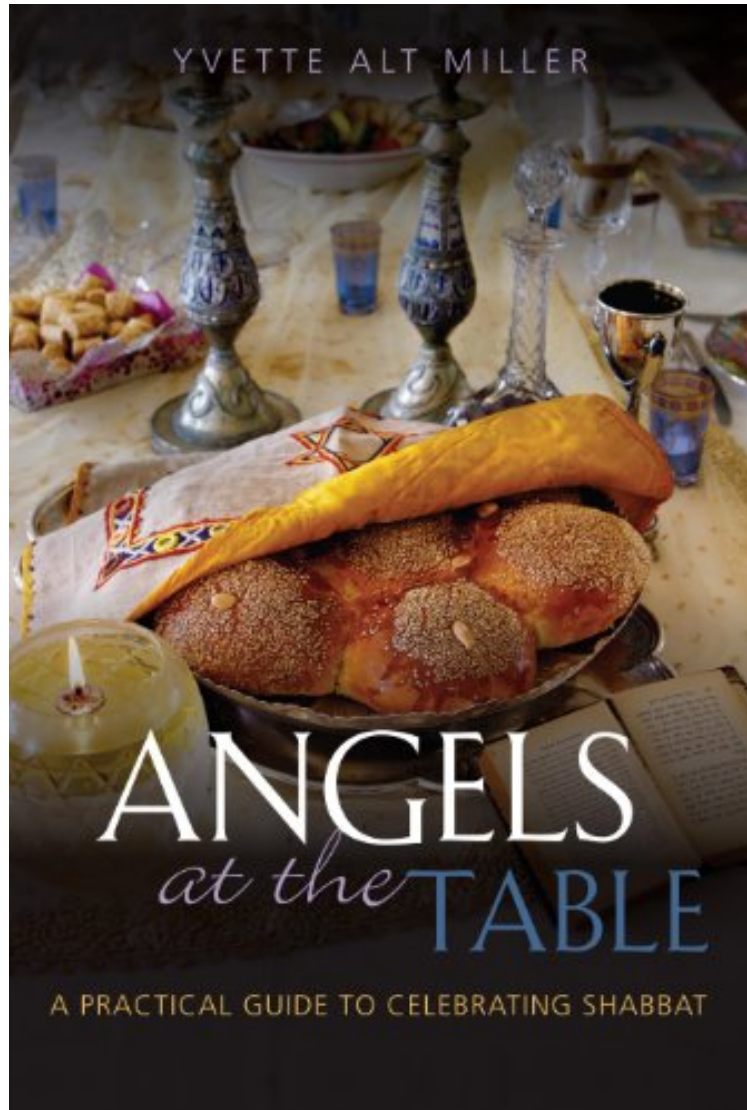


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Angels at the Table: A Practical Guide to Celebrating Shabbat

Yvette Alt Miller

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Yvette Alt Miller : Angels at the Table: A Practical Guide to Celebrating Shabbat before purchasing it in order to gage whether or not it would be worth my time, and all praised Angels at the Table: A Practical Guide to Celebrating Shabbat:

6 of 6 people found the following review helpful. A Spiritual and Earthly FeastBy Julie BarrettI am so glad I ordered this outstanding work on Shabbat. Angels at the Table is the first treatise I have read that thoroughly covers the how and why of Shabbat. The details make the difference, especially for people who have not grown up in an observant

home. I appreciated the transliteration of blessings and their explanations. Torah comes to life in her down to earth account of earthly preparation for sundown Friday. Fulfilling the command of Shabbat is not stuffy, antiquated, boring, or depriving. This book is a feast of spiritual food, not simply a how-to, I came away full and deeply satisfied. I could go on and on, but I am a reader, not a writer.9 of 9 people found the following review helpful. Great Book!By C. R. KotzinYvette Alt Miller's excellent book helps the less observant Jew find their way through the maze of shabbat customs, in a helpful, step by step way, along with some great recipes and stories! Perfect guide for those interested in discovering the beauty of Shabbat. Highly recommended.0 of 0 people found the following review helpful. Five StarsBy Myriam S. GabyVery nice.

An introduction to all aspects of a traditional Jewish Shabbat, providing both an inspirational call to observe this weekly holiday and a comprehensive resource.

"Keeping Shabbat is a life changing experience and one of the surest routes I know to happiness. Yvette Miller has written a beautiful book about it: read it and it might just change your life."--Rabbi Lord Jonathan SacksAngels at the Table: A Practical Guide to Celebrating Shabbat is spectacular. More than a book about Shabbos, it's a primer on all of Judaism!- Rabbi Shraga Simmons, Senior Editor, Aish.comYvette Alt Miller writes with depth, intelligence, warmth and a sensitivity and respect for readers. It's a compelling story of a unique journey toward Shabbos observance.I would give Angels at the Table with full confidence, and I will use its wisdom in my teaching. - Ali Begoun, L'Chaim Center, Milwaukee, WI Miller manages to be an upfront, straightforward advocate of Shabbat observance without being preachy.... Her approach is refreshing, her angels at the table almost palpable.- Jewish Action MagazineReader(s) will find an understanding and sympathetic friend, who uses...true stories - many humorous - to convey the...main ideas behind traditional Shabbos observance. Anyone who reads it, even someone with a strong background, will gain a new appreciation for many aspects of the holiest day of the week.- Rabbi Elazar Meisels, Educational Director, Partners in TorahFrom the Back CoverAt last, a clear, practical guide to the weekly Jewish holiday of Shabbat, celebrated by Jews around the world. Most Jewish readers are familiar with the concept of Shabbat and many already celebrate some aspects of the holiday. Shabbat offers a particularly appealing entree into traditional Jewish practice and Angels at the Table interweaves liturgical text, practical advice, information, anecdote and history to provide a perfect introduction for anyone who has ever wanted to tap into the Shabbat experience. In clear, straightforward language, it explains the myriad rituals, customs, prayers and rules of a traditional Jewish Shabbat and includes common songs, prayers, recipes and personal stories. Whatever your level of knowledge or religious observance, Angels at the Table will answer your questions and become your most trusted resource in observing Shabbat in your own life and understanding how it has sustained the Jewish people through the ages. About the AuthorYvette Alt Miller is a full-time mother, a Sunday School teacher at various synagogues in the Chicago metropolitan area and a contributing author to the popular Jewish websites www.aish.com and www.chabad.org. She has taught as an adjunct professor at Northwestern and other universities, and was Director of Public Affairs for the Washington, DC, office of the United Jewish Communities.