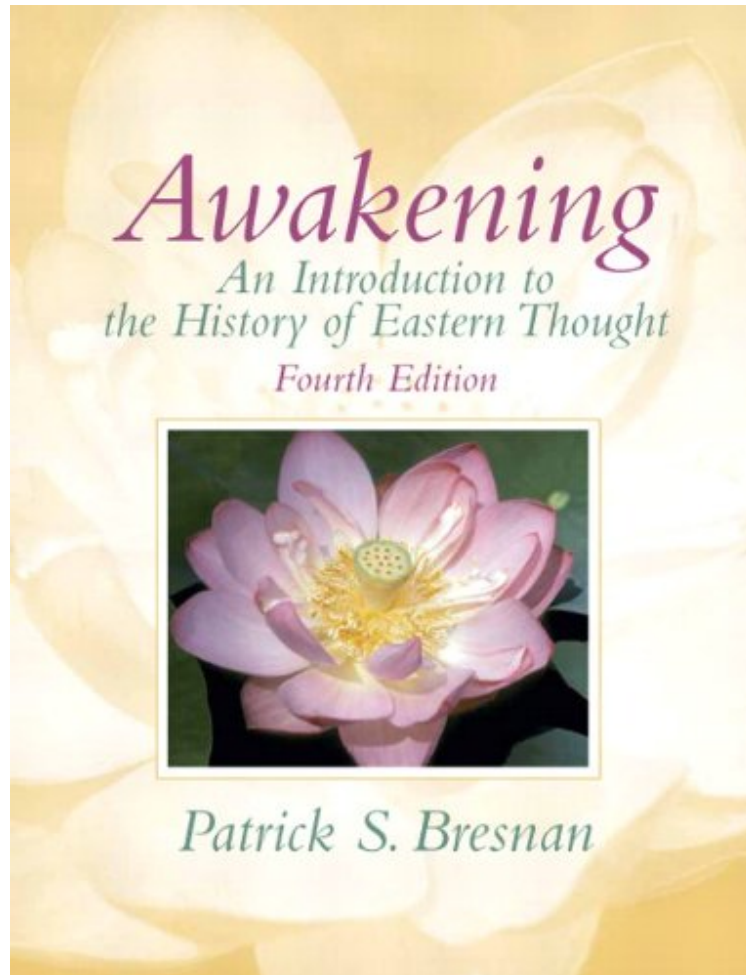


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Awakening: An Introduction to the History of Eastern Thought (4th Edition)

Patrick S. Bresnan

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Awakening engages beginning students by discussing personal experience, employing a winning writing style, and approaching the subject from an historical perspective. Awakening is an excellent introduction to comparative Eastern philosophic and religious thought. Awakening provides an engaging historical overview of the major philosophical and spiritual traditions of India, China, and Japan. Patrick Bresnan ties the past to the present and shows the relationships that exist between Eastern and Western traditions.

"Awakening is a work of great merit. The author is to be complimented for his lucid and engaging style, as also for the many anecdotes, analogies, and excerpts from original sources, all of which have made complex thoughts easy to understand. Serious readers will find enough to ponder that the twins of East and West don't only meet, but act and live together." Hari N. Verna, India Post"Awakening is just what an introductory text in Asian philosophy needs to be: concise yet thorough, factual yet inspirational, clear yet profound. Bresnan's prose draws readers into a process that artfully combines two seemingly disparate aims: a comprehensive understanding of the historical development of Asian philosophy and the here and now nature of its deeply personal relevance." Peter Bolland, Southwestern College"Overall, a first-rate text, perfectly targeted to college students." Maxine Freed, Monterey Peninsula CollegeFrom the Back Cover Awakening: An Introduction to the History of Eastern Thought is an excellent introductory text for students new to the field of comparative and Eastern philosophic and religious thought. Written in an engaging style, Awakening provides an historical overview of the major philosophical and spiritual traditions of India, China, and Japan. Patrick Bresnan ties the past to the present and shows the relationships that exist between Eastern and Western traditions. This new second edition has been thoroughly reviewed and rewritten and updated throughout, following the author's extensive travels in the East. It will continue to be an informative and thought-provoking text that will prepare the reader for further study and analysis of primary works. About the Author Patrick Bresnan is a professor at DeAnza College in Cupertino, CA.