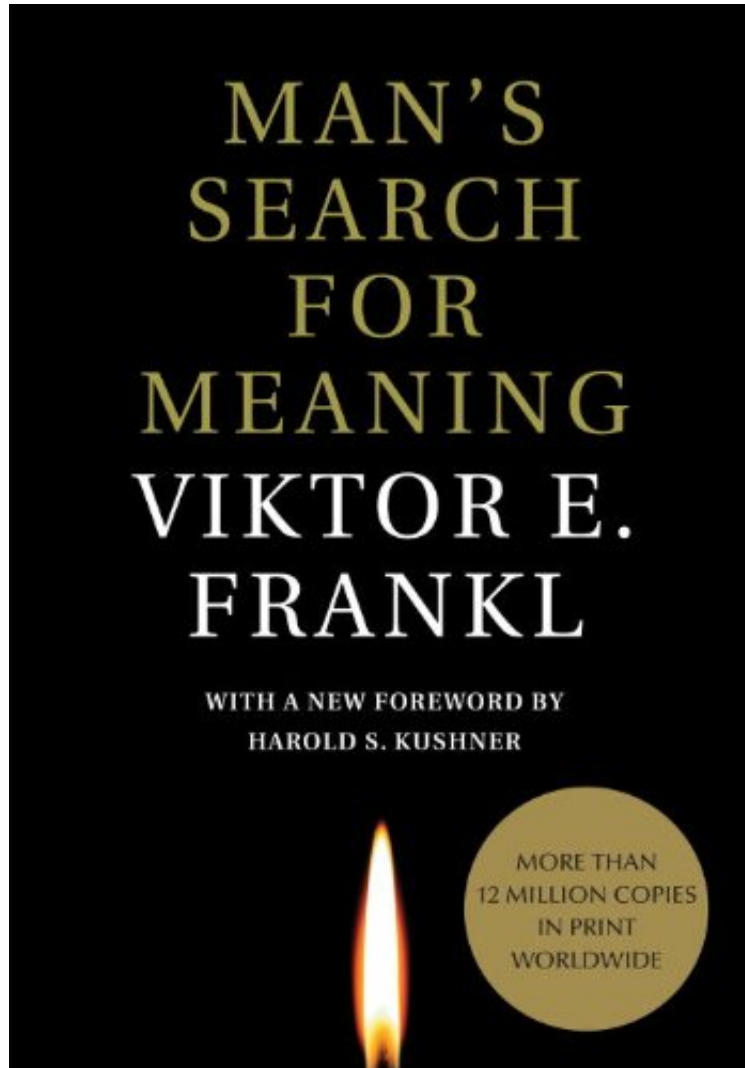


Man's Search for Meaning

Viktor E. Frankl

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Viktor E. Frankl : Man's Search for Meaning before purchasing it in order to gage whether or not it would be worth my time, and all praised Man's Search for Meaning:

237 of 240 people found the following review helpful. The deepest insights in the most simple words.By EnIf you're in pain, read this book. If you're scared, read this book. If you are lost, read this book. If you are happy, read this book. If you have time, read this book. If you don't have time, read this book. Read this book, read this book."We who lived in the concentration camps can remember the men who walked through the huts comforting others, giving away their last piece of bread. They may have been few in number, but they offer sufficient proof that everything can be taken from a

man but one thing: the last of the human freedoms--to choose one's attitude in any given set of circumstances, to choose one's own way."90 of 94 people found the following review helpful. A classicBy Steven J. O'malleyI read this in college and ordered again to read some 40 years later. Frankl relates the severe conditions in the concentration camp. Those without any purpose seemed to perish. Those that had developed purpose and meaning to the harsh conditions got out of bed every morning to face another unbearable day. this book is a classic. anything less than 5 stars would be a reflection on me.0 of 0 people found the following review helpful. death and survival - He point out that those who looked to the future and had something to expect when the war was over - more of them survived - A great book of men living under dire circumstancesBy Charles E. GreerViktor E. Frankl was captured and spent most of WWII in a German prison camp - The book "Man's Search For Meaning" is his account of that time - suffering, death and survival - He point out that those who looked to the future and had something to expect when the war was over - more of them survived - A great book of men living under dire circumstances....All who purchase will be informed to accept and endure great struggles in life.

We needed to stop asking about the meaning of life, and instead to think of ourselves as those who were being questioned by life-daily and hourly. Our answer must consist not in talk and meditation, but in right action and in right conduct. Life ultimately means taking the responsibility to find the right answer to its problems and to fulfill the tasks which it constantly sets for each individual.When Man's Search for Meaning was first published in 1959, it was hailed by Carl Rogers as "one of the outstanding contributions to psychological thought in the last fifty years." Now, more than forty years and 4 million copies later, this tribute to hope in the face of unimaginable loss has emerged as a true classic. Man's Search for Meaning--at once a memoir, a self-help book, and a psychology manual-is the story of psychiatrist Viktor Frankl's struggle for survival during his three years in Auschwitz and other Nazi concentration camps. Yet rather than "a tale concerned with the great horrors," Frankl focuses in on the "hard fight for existence" waged by "the great army of unknown and unrecorded." Viktor Frankl's training as a psychiatrist allowed him a remarkable perspective on the psychology of survival. In these inspired pages, he asserts that the "the will to meaning" is the basic motivation for human life. This simple and yet profound statement became the basis of his psychological theory, logotherapy, and forever changed the way we understand our humanity in the face of suffering. As Nietzsche put it, "He who has a why to live for can bear almost any how." Frankl's seminal work offers us all an avenue to greater meaning and purpose in our own lives-a way to transcend suffering and find significance in the act of living.

One of the ten most influential books in America. Library of Congress/Book-of-the-Month Club "Survey of Lifetime Readers""Viktor Frankl's timeless formula for survival. One of the classic psychiatric texts of our time, Man's Search for Meaning is a meditation on the irreducible gift of one's own counsel in the face of great suffering, as well as a reminder of the responsibility each of us owes in valuing the community of our humanity. There are few wiser, kinder, or more comforting challenges than Frankl's." Patricia J. Williams, author of Seeing a Color-Blind Future: The Paradox of Race"Dr. Frankl's words have a profoundly honest ring, for they rest on experiences too deep for deceptionA gem of a dramatic narrative, focused upon the deepest of human problems." Gordon W. Allport, from the Preface"An enduring work of survival literature." The New York Times"[Man's Search for Meaning] might well be prescribed for everyone who would understand our time." Journal of Individual Psychology"An inspiring document of an amazing man who was able to garner some good from an experience so abysmally badHighly recommended." Library Journal"One of the great books of our time." Harold S. Kushner, author of When Bad Things Happen to Good People"One of the outstanding contributions to psychological thought in the last fifty years." Carl R. Rogers (1959)From the Hardcover edition.About the AuthorViktor E. Franklwas professor of neurology and psychiatry at the University of Vienna Medical School until his death in 1997. His twenty-nine books have been translated into twenty-one languages. During World War II, he spent three years in Auschwitz, Dachau, and other concentration camps.