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Mind Over Matter the Epic Crossing of Th

Ranulph Fiennes

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Ranulph Fiennes : Mind Over Matter the Epic Crossing of Th before purchasing it in order to gage whether or not it would be worth my time, and all praised Mind Over Matter the Epic Crossing of Th:

Tells of Ranulph Fiennes's and Michael Stroud's bid to cross the Antarctic continent without assistance. Equipment failure and injury dogged them; friendship turned to hatred. Yet when they were airlifted out more dead than alive, they had completed the longest unsupported journey in polar history.